

# PERSONAL LIFE GOALS

**PRIMARY LONG-TERM GOAL** *Describe type and qualify your terms of success*

**GOAL PRIORITIES BY TYPE** *Rank the following by numbering 1-6*

- Mental and Physical Health
- Development Goals
- Education Goals
- Financial and Lifestyle Goals
- Career and Professional Achievement Goals
- Family and Relationship Goals
- other: \_\_\_\_\_

**SUPPORTING CATEGORIES** *Describe how priorities support your primary goal*

**THREE CAREERS** *based on your primary goal*

**PERCEIVED BARRIERS** *obstacles that might prevent or delay your success*

**SOLUTIONS TO BARRIERS**

**THREE-FIVE YEAR PLAN**

*What part of your Primary Life Goal(s) can be achieved within this time? List at least three detailed steps.*

**FIRST STEP**

*Describe a step you can achieve within the next 24-hours to help you achieve your 3-5 year plan.*